

MENU



monday | Oct-15

breakfast: cinnamon raisin pancakes w/ rasher of turkey bacon (2)	\$5
soup: clam chowder or chefs special	\$4
deli & hearth: texas bbq meatloaf melt & grilled onion	\$9
simply 600: asian spiced flank steak w/ steamed rice & sauteed veggies	\$10
grill: italian braised beef hoagie w/ roasted gardenaira & chips	\$9
mto: sage dusted trout w/ iron skillet potatoes & slaw	\$10

tuesday | Oct-16

breakfast: panchetta wrapped pork steak & eggs w/ hash	\$8
soup: sw tortilla or chef's choice	\$4
deli & hearth: turkey pepperoni flatbread w/ side salad	\$8
saute 600: grilled chicken provencal w/ whole grains & roasted veggies	\$9
grill: glg blackened shrimp po'boy with chips	\$10
taco tuesday: barbacoa tacos w/ chipotle lime pinto & whole grain	\$10

wednesday | Oct-17

breakfast: WAFFLE WEDNESDAYS w/ rasher of turkey bacon	\$5
soup: baked potato or chef's choice	\$4
deli & hearth: roasted bell "caulifredo" w/ grilled chicken	\$9
simply 600: "all natural" mediterranean pork loin w/ fall fruit compote	\$9
grill: smothered chopped steak sandwich w/ sriracha glg whiz situation	\$9
mto: shrimp gumbo bowl w/ assorted toppers & whole grain biscuit	\$11

GLG Fish Fry ... OH MY!!! | Oct-18

breakfast: fall means ... glg biscuits & gravy baby	\$5
soup: tomato basil or chef's choice	\$4
deli & hearth: chicken bacon ranch pita w/ ceasar salad	\$6 / \$9
GLG Fish Fry: Fried Catfish w/ ALL the Fixin's	\$11
grill: braised bbq short rib sandwich w/ french fries, YES, french fries	\$10
mto: mega mac n chees bowl w/ whole grain	\$9

friday | Oct-19

breakfast: smoked turkey & grilled tomato croissant	\$5
soup: itallian wedding or chef's choice	\$4
deli or hearth: fire roasted cajun turkey pita w/ chips	\$9
entrée: blackened chef's catch w/ cucumber fennel yogurt slaw	\$10
grill: charred carnita torta & pico de gallo	\$9

general manager - ryan hickman
 executive chef - brandon douglas, cec
feedback or for catering requests

brandon.douglas@compass-usa.com or ryan.hickman@compass-usa.com
 501.951.1732 or 501.378.2521
 breakfast 7:00am to 9:30am / lunch 11:00am to 2:00pm