

Portion size: 2 Cups

## ***Earl Grey Iced Almond Milk***

*Steeped in hot almond milk and served over ice*

*Yield: 6 servings*

6 Cups     Almond Milk, Unsweetened Vanilla  
6 Each     Earl Grey Tea Bag  
6 Tbsp     Granulated Sugar  
8 Cups     Ice Cubes



Place almond milk and sugar to a gentle simmer. Remove from heat and add tea bags and steep for 3-4 minutes. Remove bags and chill the tea. Serve over ice.

**Chef's Notes:** Can use other milks such as soy, rice and cow's milk.

Calories (kcal)

80.6

Protein (g)

1.1

Carbohydrate (g)

12.9

Total Fat (g)

2.5

Cholesterol (mg)

0

Sodium (mg)

165.7

Sat Fat (g)

0

Dietary Fiber (g)

0.1